

**IGA**

ON SALE 18<sup>TH</sup> SEPTEMBER 2024



**Hot PRICE!**



*Australian*

**PREMIUM BEEF MINCE**

Minimum Buy 1kg

**\$15** kg

Serving suggestion



**IGA** WHERE THE *locals* MATTER



**\$5.50** ea

**SAVE \$5.50**

Streets Magnum Ice Creams 6 Pack Selected Varieties

**1/2 PRICE**



**\$3** ea

**SAVE \$3**

Red Rock Deli Chips 150-165g Selected Varieties



M&M's, Mars or Skittles Fun Size Pack 132-192g Selected Varieties

**\$3** ea

**SAVE \$3**



**84¢** PER CAN

**\$25** ea

**HOT BUY**

Pepsi, Solo or Schweppes 30x375mL Selected Varieties \$2.22 per Litre



**NEVER MISS A 1/2 PRICE SPECIAL**  
Scan & subscribe to save!

OVER 200 SAVINGS INSIDE





# — ENTERTAINING *Faves* —

## Marinated Lamb Cutlets & Greek Style Salad

COOK  
**5**  
MINS

PREP  
**35**  
MINS

SERVES  
**4**

Serving suggestion

**VIEW RECIPE**

**\$38** kg

**Australian Lamb Cutlets & Racks**

Grown in Australia

**\$2** ea  
**SAVE 60¢**

**MasterFoods Oregano Leaves 5g**  
\$4 per 10g

**\$2.50** ea  
**SAVE 80¢**

**MasterFoods Chilli Flakes 18g**  
\$1.39 per 10g

**\$2.50** ea  
**SAVE 50¢**

**Chicken Garlic Kiev**

**\$6** ea  
**HOT BUY**

**Lemnos Haloumi 180-200g Selected Varieties**

Greening Australia

## BUY ONE GET ONE TREE

Buy any participating product, and we'll plant a native Australian tree where it's needed most. Help us to reach our goal of planting 35,000 trees.

**11 SEPTEMBER - 1 OCTOBER 2024**

Visit [iga.com.au/treesmatter](http://iga.com.au/treesmatter) to see all participating products

Metcash Food & Grocery Pty Ltd (ABN 67 004 391 422) will purchase one plant per participating product sold at participating outlets during the period 11 September to 1 October 2024, up to a maximum of 35,000 plants across all participating products. See in-store for participating product details. Planting will be in partnership with Greening Australia Ltd (ABN 40 002 963 788) L3, 349 Collins St, Melbourne VIC 3000. Phone: 1300 886 589. Web: [www.greeningaustralia.org.au](http://www.greeningaustralia.org.au)

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# — ENTERTAINING *Faves* —





## 1/2

## PRICE



**\$2.50** ea

**SAVE \$2.50**



**\$9** ea

**SAVE \$9**



**\$23.10** ea

**SAVE \$15.40**

Thins Chips 150-175g or Onion Rings 85g Selected Varieties

Pepsi, Solo or Schweppes Infused Natural Mineral Water 10x375mL Selected Varieties

Coca-Cola 24x375mL Selected Varieties \$2.57 per Litre



**\$3.50** ea

**SAVE \$1.50**



**\$3** ea

**SAVE \$1**



**\$1.80** ea

**SAVE \$1.20**

The Natural Chip Co. 175g, CC's Corn Chips 175g or Cornados 110g Selected Varieties

Arnott's Shapes 130-190g, Clix 250g, Jatz or Savoy 225g Selected Varieties

Pepsi or Solo 1.25 Litre Selected Varieties \$1.44 per Litre



**\$3** ea

**HOT BUY**



**\$1.50** ea

**SAVE 70¢**



**\$2.50** ea

**HOT BUY**

Cadbury Bitesize, Curly Wurlly Squirlies or Pascall Share Bag 120-185g Selected Varieties

Captain's Table Water Crackers 125g Selected Varieties \$1.20 per 100g

MasterFoods Tomato or Barbecue Squeeze Sauce 475-500mL Selected Varieties

\*Full T&Cs at [www.scoreatyourlocal.com.au](http://www.scoreatyourlocal.com.au) apply. Open to AU res 18+. Starts 12:00am AEST 21/08/24, ends 11:59pm AEDT 09/10/24. Max 1 entry p/product, max 5 entries p/person p/day & max 5 entries p/purchase transaction. Retain receipt/s. Promoter: The Smith's Snackfood Company Pty Ltd. NSW TP/00653, ACT. TP24/ 01001, SA T24/ 781.





— ENTERTAINING *Faves* —



**1/2  
PRICE**



**\$5.25**  
ea

**\$5.25**  
ea

**SAVE \$5.25**

Steggles Chicken Breast Tenders 400g Selected Varieties  
\$13.13 per kg

Cadbury, Nestlé or Oreo Ice Cream 4 Pack Selected Varieties  
\$1.46 per 100mL

**SAVE \$5.25**



**\$6.50**  
ea



**\$24**  
ea

**HOT BUY**

Four N Twenty Party Pies or Sausage Rolls 12 Pack

Peters Drumstick Classic Vanilla, Variety Pack or Summer Faves 24 Pack

**SAVE \$7.50**



**\$6.30**  
ea



**\$6.50**  
ea

Four N Twenty Meat Pies 4 Pack Selected Varieties  
90c per 100g

McCain Lil' Pizzas 380-400g Selected Varieties

**SAVE \$1.30**



**\$9.90**  
ea

Streets Pink Party Ice Cream 6 Pack  
\$2.02 per 100mL

**HOT BUY**



**\$4.80**  
ea



**\$4.80**  
ea

McCain Pub Style Wedges or Fries 750g Selected Varieties  
\$6.40 per kg

Birds Eye Deli Chips, French Fries or Roast Potatoes 600g Selected Varieties  
\$8 per kg

**SAVE \$1.20**



**\$6**  
ea

Life Savers Ice Block 8 Pack  
\$1.12 per 100mL

**SAVE \$3**



# — ENTERTAINING *Faves* —



**50% OFF**

**DÉCOR MICROSAFE<sup>^</sup>**



**\$4<sup>20</sup>**  
ea

**SAVE \$4.30**

Décor Microsafe Vegetable Steamer 1.5 Litre

<sup>^</sup>excludes Multipack



**\$4**  
ea

**SAVE \$2**

Glad Thick & Strong BBQ Trays 4 Pack

\$1 each



**\$3<sup>50</sup>**  
ea

**SAVE \$1.50**

Handee Ultra Paper Towel 3 Pack

\$1.94 per 100 sheets



**\$3<sup>95</sup>**  
ea

**HOT BUY**

Little Lucifer Firelighters 24 Pack

\$16.46 per 100 units

**30% OFF**

**RANGES**



**DEEKO<sup>^</sup>**

**\$3<sup>35</sup>**  
ea

**SAVE \$1.45**

Deeko Printed Lunch Napkins 2 Ply 25 Pack

<sup>^</sup>excludes Low Prices Every Day

\$13.40 per 100 units



**SELLEYS BBQ ACCESSORIES**

**\$4<sup>55</sup>**  
ea

**SAVE \$1.95**

Selleys BBQ Tough Wipes 12 Pack

38¢ each





— PICK OF THE *Crop* —



*Australian*  
**PRE-PACKED STRAWBERRIES**  
**250G**

**\$290** ea  
**250G PUNNET**  
\$11.60 per kg



**Australian Red Seedless Watermelon**

**\$250** kg



**Australian Murcott Mandarins**

**\$390** kg



**Australian Baby Cos Lettuce Twin Pack**

**\$270** ea  
**TWIN PACK**

**Red Seedless Grapes (Imported Product of USA)**

**\$1490** kg



**Australian Washed Potatoes 2kg**  
\$2.50 per kg

**\$5** ea  
**2KG PACK**

**Roasted Mixed Nuts 450g**  
\$15.33 per kg

**\$690** ea  
**450G PACK**



**Australian Love Beets Baby Beetroot 250g**  
\$12 per kg

**\$3** ea  
**250G PACK**

**Community Co Bacon Ranch or Caesar Salad Bowl 200g**  
\$26 per kg

**\$520** ea

**Indoor Plants 130mm**

**Ground Covers 125mm**

**Mega 4 Pots**

**\$11** ea

**Hanging Baskets 200mm**

**\$7** ea

**\$8** ea

**\$18** ea



# — WHAT'S FOR *Dinner?* —



Serving suggestion

**\$28** kg

*Australian*  
**BEEF T-BONE STEAK**

**\$18** kg

**Australian Boneless Lamb Shoulder Roast**

**\$17** kg

**Australian Economy Beef Porterhouse Steak**

**AUSTRALIAN PORK**

**\$21** kg

**Australian Pork Belly Rashers**

**AUSTRALIAN PORK**

**\$16** kg

**Australian Pork Ribs**

**\$750** ea

**Slape & Sons Premium Burgers 480g Selected Varieties**  
\$1.56 per 100g

**\$950** ea

**Global Seafoods Cooked & Peeled Prawns 300g (Imported Product)**  
\$3.17 per 100g

**\$1495** ea

**Global Seafoods Skin Off Salmon Twin Pack 250g**  
\$5.98 per 100g





# — DELI *Delights* —

**\$1.50 PER 100G**  
**\$15<sup>kg</sup>**  
**SAVE \$2**

*Irreistible*  
**MIDDLE BACON RASHERS**

**\$1.65 PER 100G**  
**\$16<sup>kg</sup>50**  
**SAVE \$3**

Deli Leg Ham Sliced or Shaved

**\$2.40 PER 100G**  
**\$24<sup>kg</sup>**  
**SAVE \$15.60**

Twiggy Sticks Hot or Mild

**80¢ PER 100G**  
**\$8<sup>kg</sup>**  
**SAVE \$1**

Deli Thin Sausages

**\$2.90 PER 100G**  
**\$29<sup>kg</sup>**  
**SAVE \$1**

Oven Roasted Turkey Breast Sliced or Shaved Selected Varieties

**\$12<sup>ea</sup>**

Large Hot Roast Chicken

**\$7<sup>ea</sup>**  
**LOW PRICE**

Primo Chorizo 2 Pack 250g \$28 per kg

**\$4<sup>ea</sup>**  
**LOW PRICE**

Ausfresh Olives or Antipasto 150g Selected Varieties \$26.67 per kg

**\$7<sup>ea</sup>**  
**LOW PRICE**

Brownes Cheddar Cheese 200g Selected Varieties \$35 per kg

**YOUR CROWD DESERVES A PURE CROWD-PLEASER.**

**THE PURE TASTE FROM TASMANIA**



Tasmanian Heritage Double Brie or Camembert 200g \$35 per kg

**\$7<sup>ea</sup>**  
**SAVE \$4.95**



# BAKERY *Delights*



Serving Suggestion

**\$7.80** ea

500g  
\$1.56 per 100g

*Scrumptious*  
**COUNTRY DELIGHT RAINBOW CAKE**

**\$5.50** ea

**SAVE 50¢**

Mr. Brownie Brownies or Blondies 200g Selected Varieties  
\$2.75 per 100g

**\$4** ea

**SAVE \$1.50**

Helga's Wraps 5-8 Pack Selected Varieties

**1/2 PRICE**

Tip Top Muffins 6 Pack Selected Varieties  
75¢ per 100g

**\$3** ea

**SAVE \$3**

Golden Crumpet Squares 6 Pack  
71¢ per 100g

**\$3** ea

**SAVE \$1.90**

Happy Co. Muffins 4 Pack or 8 Pack Mini Selected Varieties

**\$4.50** ea

**SAVE 50¢**

Tip Top The One Gluten Free White or Wholegrain Bread 550g  
\$1.18 per 100g

**\$6.50** ea

**SAVE 50¢**

Wonder Bread 5 Star 680g Selected Varieties  
65¢ per 100g

**\$4.40** ea

**HOT BUY**

Tip Top Raisin Toast 520-600g Selected Varieties

**\$4.50** ea

**HOT BUY**



# Save on **FRESH**



Serving suggestion

**\$17<sup>99</sup>**  
kg



**Australian Whole Economy Beef Rib Fillet**



**Community Co  
Tomato or BBQ  
Sauce 500mL**  
39¢ per 100mL

**\$1<sup>95</sup>**  
ea



**HOT PRICE GUARANTEED**  
**AVAILABLE UNTIL TUES 1<sup>ST</sup> OCTOBER 2024**



# Save on **FRESH**



Melosi Double  
Smoked Leg Ham  
Sliced or Shaved

\$2 PER 100G  
**\$19<sup>99</sup>**  
kg  
SAVE \$14.01



Primo Cocktail &  
Slim Frankfurts 1kg

70¢ PER 100G  
**\$6<sup>99</sup>**  
ea  
SAVE 91¢

**HOT PRICE GUARANTEED**  
**AVAILABLE UNTIL TUES 1<sup>ST</sup> OCTOBER 2024**



# Save on **FRESH**



**Australian Pink Lady Apples**

**\$4.50**  
kg



**Australian Celery Bunch**

**\$2.50**  
ea



**Australian Button Mushrooms**

**\$9.90**  
kg



**Dry Roasted and Salted Pistachios 270g**  
\$25.93 per kg

**\$7**  
ea  
**270G PACK**

**HOT PRICE GUARANTEED**  
**AVAILABLE UNTIL TUES 1<sup>ST</sup> OCTOBER 2024**



# Save on **FRESH**



Serving suggestion

**Country Chef Bakery**  
**Pavlova 500g**  
\$1.40 per 100g

**\$6<sup>99</sup>** ea  
**SAVE \$2.21**



**Big Lou's Donuts**  
**Mixed Favourites**  
**15 Pack**  
\$2 per 100g

**\$10<sup>99</sup>** ea  
**SAVE \$2.81**



**Bakers Maison Banh**  
**Mi Roll 2 Pack**  
\$1.42 per 100g

**\$1<sup>99</sup>** ea

**HOT PRICE GUARANTEED**  
**AVAILABLE UNTIL TUES 1<sup>ST</sup> OCTOBER 2024**





Oakey Black Grain Fed Whole Beef Rump

**\$16<sup>99</sup>** kg

# MEGA DOLLAR DEALS



\$2 PER 100G  
**\$19<sup>99</sup>** kg  
SAVE \$17.01

Ham Off the Bone Sliced or Shaved



**\$3<sup>99</sup>** ea  
SAVE \$1.96

Suprima Cinnamon or Aussie Scrolls 4 Pack





**1/2  
PRICE**

**MULTI-BUY**

**2 \$5**  
for

**SAVE \$7**

Violet Crumble 150g,  
Nuggets or Polly  
Waffle Bites 120-125g  
Selected Varieties



**\$3**  
ea

**SAVE \$3**

Darrell Lea Chocolate  
Block 160-180g or Life  
Savers 160g Chocolate  
Block Selected Varieties

**1/2  
PRICE**



**\$2**  
ea  
**SAVE \$2**

Gatorade or Gatorade  
G-Active Electrolytes Water  
600mL Selected Varieties  
\$3.33 per Litre

**MEGA  
DOLLAR  
DEALS**



**MULTI-BUY**  
**2 \$5**  
for  
**SAVE \$2.80**

Slush Puppie 250mL  
Selected Varieties  
\$1 per 100mL



**\$9**  
ea  
**SAVE \$8**

V Energy Drink 6x330mL  
Selected Varieties  
\$4.55 per Litre





**1/2**  
**PRICE**



**\$6** ea  
**SAVE \$6**

Bulla Murray St Ice Creamery 1 Litre Selected Varieties  
60¢ per 100mL

**MULTI-BUY**  
**2\$ 11** for  
**SAVE \$11**

Rustica by McCain Stone Baked Pizza 335-450g Selected Varieties

**MEGA DOLLAR DEALS**



**\$4** ea  
**SAVE \$3**

Peters Original Ice Cream 2 Litre Selected Varieties  
20¢ per 100mL



**BETTER THAN**  
**1/2**  
**PRICE**

**\$5** ea  
**SAVE \$4.50**

Weis Ice Cream Bar 4 Pack or Mini 6 Pack Selected Varieties



**MULTI-BUY**  
**3\$ 5** for  
**SAVE \$6.40**

Continental Pasta & Sauce Family Pack 145-170g Selected Varieties



**1/2  
PRICE**



Continental Flavoured Rice 180-190g Selected Varieties

**\$2** ea

**SAVE \$2**



Podravka Vegeta Stock 160-250g Selected Varieties

**BETTER THAN  
HALF PRICE**

**\$2** ea

**SAVE \$2.85**

**MEGA  
DOLLAR  
DEALS**



**MULTI-BUY**

**2 \$2**  
for

**SAVE \$1.80**

Purina Fancy Feast Wet Cat Food 85g Selected Varieties \$1.18 per 100g



Crystal Premium Pool Salt 20kg

**\$10** ea

**SAVE \$2.01**



**BETTER THAN  
1/2  
PRICE**

**MULTI-BUY**

**2 \$9**  
for

**SAVE \$10**

Morning Fresh Dishwashing Liquid 900mL Selected Varieties 50¢ per 100mL





# — SWEET Treats —

Nestlé, Violet Crumble Medium Bars or Smarties 35-50g Selected Varieties

**\$1.25**  
ea

SAVE \$1.25



**1/2**  
PRICE



Lindt Lindor Assorted 333g Selected Varieties  
\$3.90 per 100g

**\$13**  
ea

SAVE \$13



Darrell Lea Soft Centres 255g or Rocklea Road 290g

**\$7**  
ea

SAVE \$7



Allen's Medium Bags 140-200g Selected Varieties

**\$3.50**  
ea

SAVE \$1.50



Kinder Joy Chocolate Egg 20g  
\$12.50 per 100g

**\$2.50**  
ea

HOT BUY



Lindt Lindor Chocolate Bag 123-125g Selected Varieties

**\$7**  
ea

SAVE \$3



Allen's Chocolate or Nestlé Smarties Share Pack 160g Selected Varieties  
\$2.50 per 100g

**\$4**  
ea

SAVE \$1



Menz Bumbles Milk Choc Honeycomb 525g  
\$1.19 per 100g

**\$6.25**  
ea

SAVE \$1.80



Cadbury Chocolate Block 150-190g Selected Varieties

**\$3.60**  
ea

SAVE \$2.40

PRICE MATCHED



Cadbury Dairy Milk Freddo or Caramilk Share Bag 216-234g Selected Varieties

**\$6**  
ea

MATCHED

Low Prices EVERY DAY



Nestlé KitKat Fun Size 18 Piece Value Pack  
\$2.58 per 100g

**\$6.50**  
ea

LOW PRICE



The Natural Confectionery Co. Fruity Chews 350g  
\$1.57 per 100g

**\$5.50**  
ea

LOW PRICE



# TASTY Snacks



In A Biskit  
Flavoured  
Crackers  
160g Selected  
Varieties  
\$1.41 per 100g

**\$2.25**  
ea

**SAVE \$1.75**



Sunbites  
Grain Waves  
170g, Simply  
120g or  
Smith's  
Baked  
Chips 130g  
Selected  
Varieties

**MULTI-BUY**

**2\$7**  
for

**SAVE \$2.60**



Arnott's Snack  
Right or Gold  
Crackers 90-150g  
Selected Varieties

**\$4**  
ea

**SAVE \$1**



Uncle Tobys  
Muesli Bars 6 Pack  
Selected Varieties  
\$2.16 per 100g

**\$4**  
ea

**SAVE \$1.50**



Cadbury Breakaway  
Biscuits 180g, Fingers  
Milk Chocolate  
114g, Freddo 167g  
or Cookies 156g  
Selected Varieties

**\$3.50**  
ea

**SAVE 50¢**



Carman's Oat  
Slice or Aussie  
Oat Bars 5-6 Pack  
Selected Varieties

**\$4.75**  
ea

**SAVE \$1.15**

## GRAB YOUR FAVES



1/2

PRICE

Red Rock Deli  
Chips 290g,  
Smith's Crinkle  
Cut or Doritos  
Corn Chips  
Party Size  
380g Selected  
Varieties

\$4.25

ea

SAVE \$4.25



Twisties 65-90g, Cheetos  
80-90g, Tasty Toobs  
70g or Burger Rings  
90g Selected Varieties

\$2

ea

SAVE 70¢



Nobby's Pork Crackle  
25g Selected Varieties  
\$80 per kg

**\$2**  
ea

**LOW PRICE**



NEW SHARING SIZE

PopCorners  
Gluten Free  
Snack 130g  
Selected  
Varieties  
\$2.69 per 100g

MULTI-BUY

2\$7

for

SAVE \$2.60





— REFRESH *Me* —

**GRAB YOUR AUSSIE FAVES**

Kirks 10x375mL Selected Varieties \$1.93 per Litre

**1/2 PRICE**

**\$7.25** ea  
SAVE \$7.25



Monster Energy Drink 4x500mL Selected Varieties \$3.80 per Litre

**\$7.60** ea  
SAVE \$7.60



Schweppes Mixers 4x300mL Selected Varieties \$3.08 per Litre

**\$3.70** ea  
SAVE \$3.70



**1/2 PRICE**



Coca-Cola, Fanta or Sprite 6x250mL Selected Varieties

**\$4.82** ea  
SAVE \$4.83



Mount Franklin Lightly Sparkling or Deep Spring Sparkling Water 6x250mL Selected Varieties \$4.50 per Litre

**\$6.75** ea  
SAVE \$2.90



Coca-Cola 2 Litre Selected Varieties \$1.80 per Litre

**\$3.60** ea  
HOT BUY

**1/2 PRICE**



Coca-Cola, Sprite or Fanta 12x300mL Selected Varieties \$2.64 per Litre

**\$9.50** ea  
SAVE \$9.50



Bundaberg Drinks 4x375mL Selected Varieties \$4.20 per Litre

**\$6.30** ea  
SAVE \$1.15



Kirks 1.25 Litre Selected Varieties \$1.28 per Litre

**\$1.60** ea  
SAVE \$1.10



Allpress Espresso Iced Specialty Coffee 4x240mL Selected Varieties \$10.21 per Litre

**\$9.80** ea  
SAVE \$4.70



Lipton Ice Tea 1.5 Litre Selected Varieties \$2.33 per Litre

**\$3.50** ea  
SAVE \$2.50



FOOTY FINALS. FAVE PIZZA. ICE COLD Coca-Cola ZERO SUGAR

A Recipe for Magic



# FILL UP YOUR *Cup*



**1/2**  
**PRICE**



Golden Circle Fruit Drink 1 Litre Selected Varieties  
\$1.35 per Litre

**\$135**  
ea

**SAVE \$1.35**



Moccona Coffee Sachets 8-10 Pack Selected Varieties

**\$370**  
ea

**HOT BUY**



Nestlé Sweetened Condensed Milk 395-410g Selected Varieties

**\$250**  
ea

**SAVE \$1.30**



Just Juice 6x200mL Selected Varieties  
\$4.17 per Litre

**\$5**  
ea

**SAVE \$1.30**



Moccona Barista Reserve Coffee Capsules 10 Pack Selected Varieties  
\$6.73 per 100g

**\$350**  
ea

**SAVE \$2.50**

**PRICE MATCHED**



Devondale Long Life Milk 1 Litre Selected Varieties  
\$2.20 per Litre

**\$220**  
ea

**MATCHED**



Cottee's Cordial 1 Litre Selected Varieties  
\$4.70 per Litre

**\$470**  
ea

**SAVE \$1.20**



Moccona Specialty Blend Coffee 200g Selected Varieties  
\$7.18 per 100g

**\$1435**  
ea

**SAVE \$6.15**



Dilmah Premium Ceylon Tea Bags 300 Pack  
\$2.40 per 100g

**\$1440**  
ea

**SAVE \$3.60**



Nestlé Nesquik Chocolate 500g  
\$1.10 per 100g

**\$550**  
ea

**HOT BUY**



International Roast Instant Coffee 100g  
\$4.40 per 100g

**\$440**  
ea

**SAVE \$1.55**



L'or Quality Coffee Beans 500g Selected Varieties  
\$3.12 per 100g

**\$1560**  
ea

**SAVE \$10.40**





# FILL UP THE *Pantry*

Nestlé Trix Cereal 310g  
\$1.13 per 100g

**\$3.50** ea  
SAVE \$3.50



**1/2 PRICE**



50% OFF AJITAS CRISPS, CHIPS OR CRACKERS<sup>^</sup>  
**\$2.45** ea  
SAVE \$2.45

Ajitas Vege Chips 100g or Crackers 75g Selected Varieties  
<sup>^</sup>excludes Multipack



50% OFF AJITAS CRISPS, CHIPS OR CRACKERS<sup>^</sup>  
**\$3.25** ea  
SAVE \$3.25

Arijit Vege Crisps 100g Selected Varieties  
<sup>^</sup>excludes Multipack  
\$3.25 per 100g



**\$6.10** ea  
SAVE \$2.70

Nestlé Nesquik Cereal 600g  
\$1.02 per 100g



**\$4** ea  
SAVE \$1.80

Bega Peanut Butter 375g Selected Varieties  
\$1.07 per 100g



**\$7** ea  
SAVE \$2

Uncle Tobys Natural Style Swiss Blend Muesli 1kg  
70¢ per 100g



**\$6.80** ea  
SAVE \$1.70

B Honey 100% Australian Pure Honey 450g  
\$1.51 per 100g



**\$4** ea  
SAVE \$1

Uncle Tobys Rolled Oats Protein or Ancient Grains 490g  
82¢ per 100g

PRICE MATCHED



**\$13** ea  
MATCHED

Nutella Hazelnut Chocolate Spread Family Pack 1kg  
\$1.30 per 100g

**Low Prices EVERY DAY**



**\$6** ea  
LOW PRICE

Uncle Tobys Oat Crisp 415-475g Selected Varieties

# — FILL UP THE *Pantry* —



**\$2.50**  
ea

**SAVE \$1.50**

Ben's Original Rice  
240-250g Selected Varieties



**\$2.50**  
ea

**HOT BUY**

CSR Raw Sugar 1kg  
25¢ per 100g



**\$3.50**  
ea

**SAVE \$1**

Ben's Original  
Risotto 250g  
Selected Varieties  
\$1.40 per 100g



**\$1.80**  
ea

**SAVE 70¢**

Maggi Air Fryer Seasoned Coating  
40-45g Selected Varieties



**\$3.50**  
ea

**SAVE 50¢**

Three Threes Sweet  
Spiced Gherkins 540g  
65¢ per 100g



**\$3**  
ea

**SAVE \$1**

Continental  
Superb Stock  
Powder 120-130g  
Selected Varieties



**\$5.50**  
ea

**SAVE \$2.50**

Hellmann's Real  
Mayonnaise  
Squeeze 400-432g  
Selected Varieties



**\$1.70**  
ea

**LOW PRICE**

Maggi Recipe Base  
21-43g Selected Varieties



**\$2.40**  
ea

**LOW PRICE**

Fountain  
Tomato or Barbecue  
Squeeze Sauce 500mL  
48¢ per 100mL



**\$5.20**  
ea

**LOW PRICE**

Tabasco Sriracha 300g or  
Sweet & Spicy Sauce 315g





# FILL UP THE *Pantry*



**1/2 PRICE**

**\$1.40** ea  
SAVE \$1.40

Heinz Beanz or Spaghetti 300g Selected Varieties  
47¢ per 100g

**HEINZ**  
ESTD 1869



**1/2 PRICE**

**\$1.30** ea  
SAVE \$1.30

Greenseas Tuna 95g Selected Varieties  
\$13.68 per kg



**\$4.50** ea  
SAVE \$1

Greenseas Tuna Chunks in Springwater 425g  
\$10.59 per kg



**\$4.40** ea  
SAVE \$1.10

John West Salmon in Springwater or Olive Oil Blend 200g  
\$22 per kg



**\$4** ea  
SAVE \$1.30

SPC Fruits In Juice 825g Selected Varieties  
\$4.85 per kg



**\$3.40** ea  
SAVE 90¢

Sirena Chicken Ready To Eat 190g Selected Varieties



**\$2.50** ea  
SAVE \$1

Continental Sensations Soup 40-70g, Rice 115g, Pasta or Risotto 90-115g Selected Varieties



**\$4.40** ea  
SAVE \$1.10

Old El Paso Tortillas 10 Pack  
\$1.10 per 100g



**\$4.25** ea  
SAVE \$1.05

Heinz Tortellini, Ravioli or Rigatoni Meal 350g Selected Varieties  
\$1.21 per 100g



— FILL UP THE *Pantry* —



**1/2  
PRICE**



**\$2.50** ea

**SAVE \$2.50**

Maggi  
2 Minute  
Noodles  
5 Pack  
Selected  
Varieties



**\$1.60** ea

**SAVE 60¢**

Indomie  
Mi Goreng  
Fried  
Noodles  
Cup 70-75g  
Selected  
Varieties



**\$1.85** ea

**SAVE 45¢**

Mutti Polpa Finely  
Chopped or Peeled  
Tomatoes 400g  
\$4.63 per kg



**\$2.40** ea

**SAVE \$2.10**

Mutti Pasta  
Sauce 400g  
Selected Varieties  
60¢ per 100g



**\$5.25** ea

**SAVE \$1.25**

Best Foods Real  
Mayonnaise 405g  
\$1.30 per 100g



**\$4.50** ea

**SAVE 60¢**

Kraft Easy Mac 4 Pack  
Selected Varieties  
\$1.61 per 100g



**\$4.80** ea

**SAVE 70¢**

Kewpie  
Mayonnaise 300g  
Selected Varieties  
\$1.60 per 100g

IT HAS TO BE  
**HEINZ**  
ESTD 1869



**\$2.50** ea

**HOT BUY**

Heinz Tomato  
Ketchup Less  
Added Sugar &  
Salt or Smokey  
Barbeque  
Sauce 500mL  
50¢ per 100mL



Heinz Tomato  
Ketchup 500mL  
Selected Varieties  
50¢ per 100mL

**\$2.50** ea

**HOT BUY**



**1/2  
PRICE**

Heinz Special  
Burger Sauce 295mL  
68¢ per 100mL



**\$2** ea

**SAVE \$2**



# Great Fridge **FRENZY!**



**\$4.50** ea  
**SAVE \$1**

Mainland Tasty or Mozzarella  
 Finely Grated Cheese 200g  
 \$22.50 per kg



**\$6** ea  
**SAVE \$1**

Mainland Cheese Block  
 200-250g Selected Varieties



**\$5** ea  
**HOT BUY**

Tasmanian Heritage Cheese  
 125g Selected Varieties  
 \$40 per kg



**\$9.15** ea  
**SAVE \$1.30**

Mil LeI Parmesan Cheese Block 250g  
 \$36.60 per kg



**\$3.30** ea  
**SAVE \$1**

Don Sliced or Shaved  
 Meat 80-100g  
 Selected Varieties

# Great Fridge **FRENZY!**



**90¢** ea  
**HOT BUY**

Pauls Squeezie Yoghurt  
70g Selected Varieties  
\$1.29 per 100g



**\$4** ea  
**SAVE 50¢**

Tamar Valley Greek Style  
Natural Yoghurt 500g  
80¢ per 100g



**\$7** ea  
**SAVE \$1.80**

Jalna A2 Protein All Natural  
Yoghurt 1kg Selected Varieties  
70¢ per 100g



**\$4.10** ea  
**HOT BUY**

Red Rock Deli Dip 135g  
Selected Varieties  
\$3.04 per 100g



**\$5** ea  
**SAVE \$3**

La Famiglia Kitchen  
Traditional Garlic Slices 450g  
\$1.11 per 100g





— EASY *Meals* —



**1/2**  
**PRICE**

**\$3.25**  
ea

**SAVE \$3.25**

Weight Watchers  
Frozen Meal 300-330g  
Selected Varieties



**\$6**  
ea

**HOT BUY**

McCain Redbox Frozen Meal  
310-320g Selected Varieties



**\$6.50**  
ea

**SAVE \$2**

Mr Chen's Meal 240-300g  
Selected Varieties



**\$7.60**  
ea

**SAVE \$1.40**

San Remo Fresh Beef Ravioli or  
Spinach & Ricotta Agnolotti 625g  
\$1.22 per 100g

**Low  
Prices  
EVERY DAY**



**\$6.80**  
ea

**LOW PRICE**

Birds Eye Plant Based  
Frozen Meal 200-300g  
Selected Varieties



**\$5**  
ea

**LOW PRICE**

La Famiglia Kitchen  
Traditional Garlic  
Bread 400g  
\$1.25 per 100g

# — FRIDGE Faves —



**\$4.40**  
ea

**SAVE \$1.10**

Dairy Farmers Thick & Creamy Yoghurt 550-600g Selected Varieties



**\$5.50**  
ea

**SAVE \$2.35**

Five:am Organic Yoghurt 700g Selected Varieties 79¢ per 100g



**\$2.50**  
ea

**SAVE 50¢**

Wicked Sister High Protein Pudding 170g Selected Varieties \$1.47 per 100g



**\$7**  
ea

**HOT BUY**

Jalna Farm To Pot, Lactose Free or BioDynamic Organic Yoghurt 1kg Selected Varieties 70¢ per 100g



**\$4.40**  
ea

**SAVE \$1**

Pauls Vanilla Custard 1kg 44¢ per 100g



**\$3.20**  
ea

**SAVE \$1.20**

Boost Juice Energy Lift or Berry Happy 350mL \$9.14 per Litre



**\$5.50**  
ea

**SAVE \$1.45**

Grove Juice 1.5 Litre Selected Varieties \$3.67 per Litre



**\$5.50**  
ea

**SAVE \$1**

Original Juice Co Black Label Orange Juice 1.5 Litre Selected Varieties \$3.67 per Litre



**3\$5.90**  
for

**LOW PRICE**

Jalna Pot Set Yoghurt 170g Selected Varieties \$1.16 per 100g



**\$3.95**  
ea

**SAVE 95¢**

Ice Break Real Coffee or Oak Flavoured Milk 750mL Selected Varieties \$5.27 per Litre





# — FRIDGE Faves —



**\$2<sup>75</sup>** ea  
**SAVE 75¢**

ZoOSh Dip 185g Selected Varieties  
 \$1.49 per 100g



**\$13** ea  
**SAVE \$3**

Bega Farmers' Tasty Cheese Block 1kg  
 \$13 per kg



**\$10<sup>85</sup>** ea  
**HOT BUY**

Cracker Barrel The Vintage Cheddar Extra Sharp Cheese Block 500g  
 \$21.70 per kg



**\$4<sup>50</sup>** ea  
**SAVE \$1.20**

Philadelphia Cream Cheese Spreadable Tub or Block 250g Selected Varieties  
 \$18 per kg



**\$4** ea  
**SAVE \$1**

Bega Original Cream Cheese Spreadable 225g  
 \$17.78 per kg



**\$5<sup>50</sup>** ea  
**SAVE \$1.20**

Perfect Italiano Grated Parmesan 250g  
 \$22 per kg



**\$4** ea  
**HOT BUY**

Flora Spread 500g Selected Varieties  
 80¢ per 100g



**\$4<sup>80</sup>** ea  
**SAVE \$1.20**

Western Star Spreadable 375g Selected Varieties  
 \$1.28 per 100g

**2<sup>\$</sup>5** for  
**LOW PRICE**

Mainland Cheese & Crackers 36-38g Selected Varieties



# — DESSERT *Faves* —



**1/2**  
**PRICE**



**\$5.25**  
ea

**SAVE \$5.25**

Cadbury Ice Cream Tub  
460mL Selected Varieties  
\$1.14 per 100mL



**\$5.40**  
ea

**SAVE \$3.60**

Streets Calippo Minis  
or Cyclone 8-10 Pack  
Selected Varieties



**\$8.70**  
ea

**SAVE \$2.20**

Peters Original  
Vanilla or Neapolitan  
Ice Cream 4 Litre  
22¢ per 100mL



**\$4.80**  
ea

**SAVE \$3.20**

Streets Paddle Pop  
Twister Mini 6 Pack  
\$1.60 per 100mL



**\$6.80**  
ea

**SAVE \$1.70**

Sara Lee Cheesecake  
360-410g  
Selected Varieties

**PRICE**  
**MATCHED**

BUY THIS  
PRODUCT FOR  
A CHANCE TO  
**WIN**  
a Trolley Dash!



**\$6.50**  
ea

**MATCHED**

Streets Blue Ribbon  
Ice Cream 2 Litre  
Selected Varieties  
33¢ per 100mL



**\$6**  
ea

**HOT BUY**

Mars or Snickers Ice  
Cream Bars 6 Pack  
Selected Varieties



**\$8.40**  
ea

**SAVE \$2.10**

Sara Lee Deluxe  
Deep Dish Apple  
Pie or Apple  
Crumble Pie 800g

**Low**  
**Prices**  
**EVERY DAY**



**\$5.75**  
ea

**LOW PRICE**

Bulla Frozen  
Yoghurt 1 Litre  
Selected Varieties  
58¢ per 100mL



**\$8.50**  
ea

**LOW PRICE**

Sara Lee Ice  
Cream 1 Litre  
Selected Varieties  
85¢ per 100mL



**\$8**  
ea

**LOW PRICE**

Pampas Lemon  
Meringue Single  
Serve Pies 4 Pack  
\$2 per 100g





# — FREEZER Faves —

## GAME DAY FAVOURITES



**\$13** ea  
SAVE \$5

Patties Mini Mix 40 Pack  
\$1.30 per 100g



**\$5.60** ea  
SAVE \$1.40

Birds Eye Golden Crunch Lattice or Sidewinders Potato Chips 750g  
\$7.47 per kg

FIND US IN THE FREEZER AISLE



**\$6.50** ea  
SAVE \$2.50

Dr. Oetker Ristorante Pizza  
310-390g Selected Varieties



**\$5.20** ea  
SAVE \$1.30

Birds Eye Snap Frozen Vegetables  
1kg Selected Varieties  
\$5.20 per kg



**\$8** ea  
HOT BUY

Birds Eye Deli Frozen Seafood 225-250g Selected Varieties



**\$11** ea  
SAVE \$2.80

Birds Eye Salmon Fillets or Barramundi Portions 250g Selected Varieties  
\$44 per kg



**\$9** ea  
SAVE \$1

Birds Eye SteamFresh Fish Fillets 380g Selected Varieties  
\$23.68 per kg



**\$8.90** ea  
LOW PRICE

Mrs Mac's Party Pies 12 Pack or Sausage Rolls 20 Pack

Low Prices EVERY DAY



**\$4.50** ea  
LOW PRICE

Papa Giuseppe's Panini 2 Pack Selected Varieties  
\$1.80 per 100g



# — PET Essentials —



**\$12** ea

**SAVE \$3**

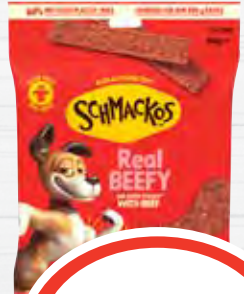
Pedigree Dry Dog Food 2.5-3kg Selected Varieties



**\$2.10** ea

**SAVE 90¢**

My Dog Wet Dog Food 400g Selected Varieties 53¢ per 100g



**\$11.90** ea

**SAVE \$5.10**

Schmackos Strapz or Stix Value Pack 500g Selected Varieties \$2.38 per 100g



**\$10** ea

**SAVE \$2.50**

Optimum Dry Cat Food 800g Selected Varieties \$1.25 per 100g



**\$2.10** ea

**SAVE \$1.40**

Nature's Gift Wet Dog Food 700g Selected Varieties 30¢ per 100g



**\$1.25** ea

**SAVE 55¢**

My Dog Wet Dog Food 100g Selected Varieties \$1.25 per 100g



**\$1.15** ea

**SAVE 55¢**

Dine Melting Soup or Fine Flakes Cat Food 35-40g Selected Varieties



**\$16.80** ea

**SAVE \$7.20**

Pedigree Dentastix Daily Oral Care 28 Pack Selected Varieties



**\$1.50** ea

**SAVE 40¢**

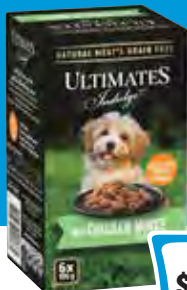
Optimum Wet Dog Food 85-100g Selected Varieties



**\$8** ea

**LOW PRICE**

Temptations Cat Treats Mega Pack 180g Selected Varieties \$4.44 per 100g



**\$8.20** ea

**LOW PRICE**

Ultimates Indulge Wet Dog Food 6x100g Selected Varieties \$1.37 per 100g



**\$6.50** ea

**SAVE 50¢**

Paws Mince Reseal 1kg Selected Varieties (Refrigerated Pet Food) 65¢ per 100g





# — GARDENING *Essentials* —

**1/2**  
**PRICE**



**\$4<sup>10</sup>**  
ea  
**SAVE \$4.15**

Yates Bloom All Purpose Blend Potting Mix 25 Litre



**\$8<sup>25</sup>**  
ea  
**SAVE \$2.75**

Yates Thrive All Purpose Soluble Fertiliser 500g



**\$19<sup>10</sup>**  
ea  
**SAVE \$3.90**

Roundup Fast Action Weedkiller 1 Litre



**\$8<sup>90</sup>**  
ea  
**SAVE \$5.85**

Budget Lawn Grass Seed Mix 1kg

**30% OFF**  
ANSELL REGULAR DISPOSABLE GLOVES\*



**\$4<sup>50</sup>**  
ea  
**SAVE \$2**

Ansell Handy Clean Disposable Gloves 24 Pack  
\*excludes Low Prices Every Day 19¢ each



**\$7<sup>50</sup>**  
ea  
**HOT BUY**

Seasol Concentrate Garden Health Treatment 600mL

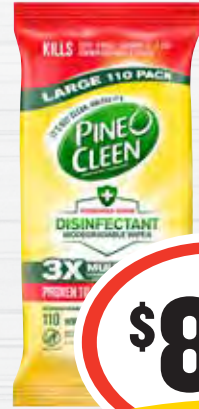


**\$2<sup>90</sup>**  
ea  
**SAVE \$1.30**

Yates Blitzem Snail & Slug Pellets 500g



# — CLEANING *Essentials* —



**\$8.40**  
ea

**SAVE \$3.60**

Pine O Clean Wipes  
110 Pack Selected Varieties\*

**40% OFF**  
**HARPIC^**



Harpic Rim Block Toilet  
Cleaner 35-39g or Fresh  
Power Liquid 700mL  
Selected Varieties\*

^excludes Low Prices Every Day

**\$4.20**  
ea

**SAVE \$2.80**



Finish Quantum All  
in 1 Dishwashing  
Tabs 36 Pack  
Selected Varieties  
50¢ each

**\$18**  
ea

**HOT BUY**



Morning Fresh  
Dishwashing Liquid  
350-400mL  
Selected Varieties

**\$2.75**  
ea

**HOT BUY**

**30% OFF**  
**AIRWICK BOTANICA**



Botanica by Air Wick  
Vanilla & Himalayan  
Magnolia Automatic  
Spray 224mL  
\$8.13 per 100mL

**\$18.20**  
ea

**SAVE \$7.80**



Glade Air Freshener  
Spray 200g  
Selected Varieties  
\$1.40 per 100g

**\$2.80**  
ea

**SAVE \$1.20**



Pine O Clean  
Anti-Bacterial  
Washing Machine  
Cleaner 250mL  
Selected Varieties  
\$2.56 per 100mL

**\$6.40**  
ea

**SAVE \$1.60**

**1/2 PRICE**



icare WipeX 100%  
Recycled Paper  
Towel 3 Ply 2 Pack  
\$1.58 per 100 sheets

**\$1.90**  
ea

**SAVE \$1.95**



Handee Ultra  
Double Length  
Paper Towel 2 Pack  
\$2.06 per 100 sheets

**\$4.95**  
ea

**LOW PRICE**

**PRICE MATCHED**



Domestos  
Multipurpose  
Bleach 1.25 Litre  
Selected Varieties  
53¢ per 100mL

**\$6.60**  
ea

**MATCHED**





# — CLEANING *Essentials* —

**1/2 PRICE**

BUY THIS PRODUCT FOR A CHANCE TO WIN a Trolley Dash!

**\$16** ea  
**SAVE \$16**

OMO Laundry Liquid 2 Litre or Powder 2kg Selected Varieties

**\$10** ea  
**SAVE \$10**

Earthwise Laundry Liquid 2 Litre Selected Varieties \$5 per Litre

**\$10** ea  
**SAVE \$10**

Earthwise Laundry Capsule 26 Pack Selected Varieties 38¢ each

**\$17** ea  
**SAVE \$17**

Earthwise Laundry Liquid 4 Litre Selected Varieties \$4.25 per Litre

**\$20.50** ea  
**SAVE \$20.50**

Dynamo Professional Laundry Liquid 4 Litre Selected Varieties \$5.13 per Litre

**1/2 PRICE**

**\$16.50** ea  
**SAVE \$2**

Earth Choice Ultra Concentrate Laundry Liquid 4 Litre \$4.13 per Litre

**\$8** ea  
**HOT BUY**

Fab Laundry Liquid 1.8-2 Litre or Powder 1.8-2kg Selected Varieties

**\$8.95** ea  
**SAVE \$2.55**

Vanish NapiSan Oxi Action Stain Remover 1kg Selected Varieties \$8.95 per kg

Aus. res. 18+ only. Starts 28/8/24 12:01am AEST. Ends 24/9/24 11:59pm AEST. Keep receipt(s). Max 1 entry per transaction. Weekly Draws: 5pm AEST, 4/9/24, 11/9/24, 18/9/24, 25/9/24, Plexus, Level 4, 411 Collins Street, Melbourne VIC 3000. Prizes: 150 x opportunity to play the Trolley Dash Game (59 prizes for Weekly Draws 1-3; 33 prizes for Weekly Draw 4) (with up to \$500 in participating brand products to be won). Max 1 prize/person (excl. SA). Winners published at <https://www.trolleydash2024.com.au> by 1/10/24. Promoter: Unilever Australia Group ABN 13614413179, 219 North Rocks Rd, North Rocks NSW 2151. See <https://www.plexus.co/terms/trolley-dash-2024> for Terms and Conditions. NSW Authority No. TP/03403. Permit No. ACTP TP 24/01162 & SA T24/914. \*Always read the label and follow the directions for use.



# HEALTH & Baby



Stayfree Ultra Thin Pads 10-16 Pack Selected Varieties

**\$3.50** ea

SAVE \$2.50

**40% OFF**

STAYFREE<sup>^</sup>

<sup>^</sup>excludes Low Prices Every Day



Stayfree Pads 18-20 Pack Selected Varieties

**\$4.20** ea

SAVE \$2.80



BabyLove Nappy Pants 42-56 Pack Selected Varieties

**\$26.50** ea

SAVE \$4.50



BabyLove Fragrance Free Baby Wipes 80 Pack \$3.75 per 100 units

**\$3** ea

HOT BUY



Rafferty's Garden Baby Food 120g Selected Varieties \$1.67 per 100g

**\$2** ea

LOW PRICE



Alula Gold Stage 3 Toddler or Stage 4 Junior Premium Milk Drink 900g \$2.72 per 100g

**\$24.50** ea

LOW PRICE



Sorbent Silky White Tissues 250 Pack \$1 per 100 units

**\$2.50** ea

SAVE 60¢



icare Facial Tissues Naturally Soft 170 Pack or Aloe Vera 95 Pack

**\$1.80** ea

SAVE 40¢



Kleenex Eucalyptus or Aloe Vera White Tissues 95 Pack or Allergy Comfort 85 Pack

**\$2.60** ea

LOW PRICE

**Low Prices EVERY DAY**



Sorbent Hypo-Allergenic Toilet Tissue 18 Pack 30¢ per 100 sheets

**\$9.80** ea

LOW PRICE



Kleenex Complete Clean Toilet Tissue 45 Pack 27¢ per 100 sheets

**\$22**

LOW PRICE



Glad Handle Tie Bags 25-30 Pack Selected Varieties

**\$3.50** ea

LOW PRICE





# HEALTH & Beauty

## PALMOLIVE

JUST ADD *Nature*

### 50% OFF

**PALMOLIVE LUMINOUS OILS**

### \$3.50<sup>ea</sup>

**SAVE \$3.50**

**Palmolive Luminous Oils Shower Gel 400mL Selected Varieties**  
88¢ per 100mL

### \$3<sup>ea</sup>

**SAVE \$3**

**Palmolive Luminous Oils Shampoo or Conditioner 350mL Selected Varieties**  
86¢ per 100mL

### \$2.50<sup>ea</sup>

**SAVE \$1**

**Palmolive Softwash Liquid Handwash 250mL Selected Varieties**  
\$1 per 100mL

### \$6<sup>ea</sup>

**SAVE \$1**

**Nurofen Ibuprofen 200mg Caplets 24 Pack\***  
25¢ each

### \$5<sup>ea</sup>

**SAVE \$1**

**Colgate Advanced Whitening or MaxFresh Toothpaste 115g, Mouthwash 500mL or Toothbrush 1 Pack Selected Varieties**

### \$5.65<sup>ea</sup>

**SAVE \$2.45**

**Telfast Hayfever Allergy Relief 120mg Non-Drowsy Tablets 5 Pack**  
\$1.13 each

### \$5<sup>ea</sup>

**HOT BUY**

**Colgate Total Base or Sensitive Toothpaste 110-200g or Zig Zag Toothbrush 3 Pack Selected Varieties\*\***

### \$8.60<sup>ea</sup>

**HOT BUY**

**Sensodyne Toothpaste 100g Selected Varieties\*\*\***  
\$8.60 per 100g

### \$10<sup>ea</sup>

**HOT BUY**

**Voltaren Emulgel 50g\*\*\***  
\$20 per 100g

### \$4.90<sup>ea</sup>

**SAVE \$2.10**

**Nivea Men Sensitive Shaving Foam 200mL**  
\$2.45 per 100mL

### 30% OFF

**NIVEA<sup>^</sup>**

^ excludes Suncare, Travel Size, Low Prices Every Day & Price Match

### \$6.65<sup>ea</sup>

**SAVE \$2.85**

**Nivea Anti-perspirant Deodorant 250mL Selected Varieties**  
\$2.66 per 100mL

### \$6.65<sup>ea</sup>

**SAVE \$2.85**

**Nivea Body Lotion 400mL Selected Varieties**  
\$1.66 per 100mL

### 30% OFF

**NIVEA<sup>^</sup>**

### \$6.65<sup>ea</sup>

**SAVE \$2.85**

**Nivea Body Lotion 400mL Selected Varieties**  
\$1.66 per 100mL



# HEALTH & Beauty



**50% OFF**

SCHWARZKOPF EXTRA CARE  
HAIR CARE & STYLING



Schwarzkopf  
Extra Care Hair  
Repair Shampoo  
or Conditioner  
400mL Selected  
Varieties  
\$1.13 per 100mL

**\$4.50**  
ea

SAVE \$4.50



Natures  
Organics  
Fruits  
Shampoo or  
Conditioner  
500mL  
Selected  
Varieties  
34¢ per 100mL

**\$1.70**  
ea

SAVE 30¢



Johnson's  
Facial Cleansing  
Wipes 25 Pack  
Selected Varieties  
14¢ each

**\$3.60**  
ea

SAVE \$3.60



Johnson's Body Care  
Body Wash 1 Litre  
Selected Varieties  
60¢ per 100mL

**\$6**  
ea

SAVE \$6

**1/2 PRICE**

**30% OFF**

SCHICK WOMEN'S



Schick  
Silk 4  
Disposable  
Razors  
3 Pack  
\$2.33 each

**\$7**  
ea

SAVE \$3



Palmolive  
Foaming  
Hand  
Wash  
Refill  
1 Litre  
Selected  
Varieties  
60¢ per  
100mL

**\$6**  
ea

HOT BUY



Velvet  
Pure Soap  
4 Pack  
85¢ per 100g

**\$3.40**  
ea

SAVE \$1.50

**50% OFF**

SWISSE VITAMINS



Swisse  
Ultiboost  
Iron 30 Pack\*  
\$22.50 per 100 units

**\$6.75**  
ea

SAVE \$8.25



Mylanta  
Antacid  
2go  
Double  
Strength  
24 Pack  
28¢ each

**\$6.80**  
ea

SAVE \$1.70



Sanofi  
Epsom  
Salts 1kg\*  
48¢ per 100g

**\$4.75**  
ea

SAVE \$4.25

ADVERTISER PROMOTION



**WIN**  
a Trolley Dash!

**\$500 VALUE**  
150 CHANCES TO WIN\*



**50% OFF**

LYNX<sup>^</sup>

<sup>^</sup>excludes Travel Size & Low Prices Every Day



**\$2.25**  
ea

SAVE \$2.25

Lynx  
Antiperspirant  
Roll-On 50mL  
Selected  
Varieties  
\$4.50 per 100mL

**\$3.25**  
ea

SAVE \$3.25

Lynx Bodywash 400mL  
Selected Varieties  
81¢ per 100mL



**\$5**  
ea

SAVE \$5

Lynx Fine  
Fragrance  
Collection  
Premium Body  
Spray 150mL  
Selected  
Varieties  
\$3.33 per 100mL

HOW TO ENTER

SCAN HERE



Buy any 2 participating Unilever products and scan the QR code or enter online at:

[www.trolleydash2024.com.au](http://www.trolleydash2024.com.au)



\*Max. res. 10c/entry. Starts 28/03/24 12:00am AEST. Ends 24/05/24 11:59pm AEST. Key words: trolleydash. Max 1 entry per transaction. Weekly Draw: 3pm AEST, 4/5/24, 11/5/24, 18/5/24, 25/5/24. Prizes: Level 4, 40 Collins Street, Melbourne VIC 3000. Prizes: 150 x opportunity to play the Trolley Dash Game. 150 prizes for Weekly Draw 1-2; 50 prizes for Weekly Draw 4 (with up to \$500 in participating brand products to be won). Max 1 participation. Cost: \$4. Winner published at [www.trolleydash2024.com.au](http://www.trolleydash2024.com.au) by 17/05/24. Promoted: Unilever Australia Group ABN 150 442 015, 219 North Rocks Rd, North Rocks NSW 2158. See <https://www.unilever.com/au/trolleydash> for terms and conditions. NSW Authority No. PPD00005. Permit No. ACT TP 24/0062 & SA 24/004.



50% OFF  
COLD POWER<sup>^</sup>

\$11.95  
ea

SAVE \$12.05



Cold Power Laundry Liquid 2 Litre or Powder 2kg Selected Varieties

<sup>^</sup>excludes Low Prices Every Day and Price Match



50% OFF  
LYNX<sup>^</sup>

\$4  
ea

SAVE \$4



Lynx Antiperspirant or Deodorant Body Spray 165mL Selected Varieties  
<sup>^</sup>excludes Travel Size & Low Prices Every Day \$2.42 per 100mL

**1/2 PRICE**

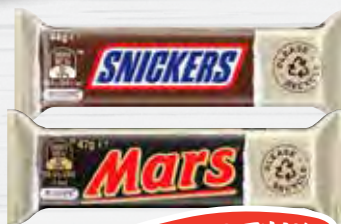
OVER 200 SAVINGS INSIDE



\$5  
ea

SAVE \$5

Kellogg's Coco Pops 650g, Just Right 740g, Froot Loops 460g or Crunchy Nut 640g



BETTER THAN  
HALF PRICE

\$1  
ea

SAVE \$1.20

Mars Medium Bar 44-56g, M&M's 35-49g, Twix Roll 22.5g or Skittles 30g Selected Varieties



\$6  
ea

SAVE \$6

Red Bull Energy Drink 4x250mL Selected Varieties \$6 per Litre



\$3.25  
ea

SAVE \$3.25

Sanitarium Up & Go 3x250mL Selected Varieties \$4.33 per Litre



Whiskas Favourites Wet Cat Food 12x85g Selected Varieties 89c per 100g

\$9.10  
ea

SAVE \$3.90

Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit iga.com.au/pricematch. Specials not available at IGA X-press. Liquor products available only at IGA Plus Liquor stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors. Pricing and specials not available via 3rd party online delivery platforms.

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To view specials at your store go to: [www.iga.com.au/catalogue](http://www.iga.com.au/catalogue)

Some products or varieties may not be available at all stores. While stocks last.

ON SALE 18<sup>TH</sup> SEPT 2024