







Coca-Cola 30x375mL Selected Varieties \$2.52 per Litre

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#### — GREAT *Specials* -







**Dine Wet Cat Food** 85g Selected Varieties \$1.12 per 100g

SAVE 65¢

ns, Bairnsdale, Balnarring, Beechworth, Bright, Carrum Downs, Cobram, Coburg, Cohuna, Denlilquin, Diamond Creek, Dromana, East Bentleigh, Kyabram, Maffra, Merbein, Mildura, Miners Rest, Mt Eliza, Mt Martha, Mt Waverley, Norre Warren South, Numurkah, Paynesville, Red Cliffs, Ringwood Stawell, Tatura, Wantirna, Warracknabed, Wentworth, Wonthaggi, Varra Glen, Yorracwong.



## WIINGS FOR YOUR WINTER.

WITH THE TASTE OF PEAR-CINNAMON.



Red Bull Energy Drink 250mL Selected Varieties \$10.60 per Litre





VITALIZES BODY AND MIND.

# BETTER YOU Y



- + ZERO SUGAR
- NATURAL CAFFEINE
- NATURAL NOOTROPICS
- + SWEETENERS, COLOURS OR PRESERVATIVES

Shine+ Charged Performance Drink 500mL Selected Varieties \$450 HOT BUY

shine



## CREATE FLAVOURFUL HIGH PROTEIN MEALS









#### — PICK OF THE <u>*crop* </u>





**3KG PACK** 









#### — WHAT'S FOR Dinner? -



















#### — DELI <u>Delights</u> -

















#### — BAKERY <u>Delights</u> —









Country Delight Tarts 4 Pack Selected Varieties \$369







Helga's Wraps 5-8 Pack Selected Varieties \$4 save \$1.50













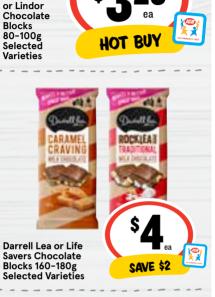


BY PURCHASING THESE PRODUCTS YOU WILL HELP GIVE BACK TO YOUR LOCAL COMMUNITY

#### — SWEET Treats –











SAVE \$2

Cadbury Sharepacks 144-180g Selected Varieties









ALUE PACK

#### — TASTY <u>Snacks</u> —

BY PURCHASING THESE PRODUCTS YOU WILL HELP GIVE BACK TO YOUR LOCAL COMMUNITY







Oil Chips 135g Selected Varieties

\$2.96 per 100g





















#### — GREAT *Specials* —





#### — GREAT <u>Specials</u> —

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#### — REFRESH Me —



#### — FILL UP YOUR *Cup* —

BY PURCHASING THESE PRODUCTS YOU WILL HELP GIVE BACK TO YOUR LOCAL COMMUNITY













Moccona Barista **Reserve Coffee** 

Capsules 10 Pack

Golden Circle Low Sugar Refreshers 6x250mL

**Selected Varieties** 

\$3.20 per Litre

\$6.73 per 100g



SAVE \$1.40

Devondale Full Cream

or Extra Light Long Life Milk 6x200mL

\$3.83 per Litre





BY PURCHASING THESE PRODUCTS YOU WILL HELP GIVE BACK TO YOUR LOCAL COMMUNITY

#### — FILL UP THE Pantry —



Kellogg's Coco Pops, Just Right, Froot Loops or Rice Bubbles 265-460g Selected Varieties























Nice & Natural Nut Bars 6 Pack Selected Varieties \$2.08 per 100g







#### — FILL UP THE Pautry -

BY PURCHASING THESE PRODUCTS YOU WILL HELP GIVE BACK TO YOUR LOCAL COMMUNITY







#### — FILL UP THE Pantry -

Obento

Vinegar

250mL













Old El Paso Regular Tortillas 6 Pack Selected Varieties \$1.50 per 100g





Hakubaku Organic Soba, Ramen or Udon 270g \$1.33 per 100g





John West Salmon in Springwater or Olive Oil Blend 200g \$22 per kg





**Kraft Mac & Cheese** Original 205g \$1.46 per 100g





#### — FILL UP THE Pantry —

BY PURCHASING THESE PRODUCTS YOU WILL HELP GIVE BACK TO YOUR LOCAL COMMUNITY















Crisco Canola or Vegetable Oil 2 Litre 50¢ per 100mL



\$10<sub>ea</sub>





## WINTER WARMERS











#### **VIEW RECIPE**





Onions 1kg



Sunpork Smoked Hocks





Edgell Cannellini Beans, Butter Beans or Brown Lentils 400g

\$4.88 per kg



### Crackled Boneless Pork Leg Roast WITH CRUNCHY PARMESAN & SAGE POTATOES











**VIEW RECIPE** 







Australian Boned and Rolled Pork Leg Roast

#### - FRIDGE & FREEZER Faves -

BY PURCHASING THESE PRODUCTS YOU WILL HELP GIVE BACK TO YOUR LOCAL COMMUNITY





























BY PURCHASING THESE PRODUCTS YOU WILL **HELP GIVE BACK TO YOUR LOCAL COMMUNITY** 

#### — FRIDGE & FREEZER *Faves* —

Primo

MILD SALAMI

Primo

STACKERS

LEC HAM











HOT BUY



SAVE \$1

Spreadable 225g \$17.78 per kg



Don Sliced Pepperoni 100g \$39.50 per kg

\$**?**95 SAVE \$1.30



On The Menu Frozen Meals 400g Selected Varieties \$1 per 100g





McCain **Pub Size** \$8 Frozen Meals 480-500g Selected SAVE \$2 Varieties



Don Strassburg 1kg \$3.20 per kg



**SAVE \$2.90** 

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ADVERTISER PROMOTION

#### — FREEZER Faves —

BY PURCHASING THESE PRODUCTS YOU WILL HELP GIVE BACK TO YOUR LOCAL COMMUNITY























Lean Cuisine Frozen Meals 375g Selected Varieties \$1.47 per 100g









Cake 350-400g Selected Varieties



Sara Lee Cheesecakes 360-410g Selected Varieties





BY PURCHASING THESE PRODUCTS YOU WILL **HELP GIVE BACK TO YOUR LOCAL COMMUNITY** 

#### — FREEZER *Faves* —













**Birds** Eye Fish Fingers 375g \$13.33 per kg





Pies or Giant Sausage **790** Rolls 4 Pack Selected **SAVE \$2.10** Varieties



Birds Eye Stir Fry Vegetables 500g Selected Varieties \$7.20 per kg





Birds Eye Fish Fingers 1kg \$11.50 per kg



Four'N Twenty Party Pies or Sausage Rolls 12 Pack



\$650 HOT BUY



McCain Quick Cook Chips 750g Selected Varieties \$6.13 per kg



#### — GREAT <u>Specials</u> —

BY PURCHASING THESE PRODUCTS YOU WILL HELP GIVE BACK TO YOUR LOCAL COMMUNITY











## PET SALE!



#### SUPERCOAT DRY DOG FOOD

- Active Energy Goodness of real Australian Chicken to deliver to your dog's lifestyle need
- Natural Defence Essential vitamins, minerals and antioxidants to help support natural defences
- antioxidants to neip support natural defences
  Healthy Digestion Natural fibre from wholegrain
  cereal for a healthy digestive system
- Shiny Coat Omega 6 for healthy skin and shiny coat
- · No added artificial colours or flavours
- · Proudly made in Australia



Supercoat Smart Blend Dry Dog Food 2.6-2.8kg Selected Varieties

\$1250

SAVE \$5.50



My Dog Shredded Meals Wet Dog Food 6x100g Selected Varieties \$1.40 per 100g





Ultimates Indulge Wet Dog Food 400g Selected Varieties 50¢ per 100g



Fussy Cat Grain Free Dry Cat Food 500g Selected Varieties 91¢ per 100g















#### — HOUSEHOLD & Cleaning -

BY PURCHASING THESE PRODUCTS YOU WILL HELP GIVE BACK TO YOUR LOCAL COMMUNITY





SAVE \$6

Wiltshire Large

37×26.5×5cm

**Roast Pan** 

WILTSHIRE

Air Wick

Selected

Varieties

\*excludes Low

Prices Every Day

Essential Oils Diffuser +

Refill 19-21mL

\$**Q80** 

SAVE \$4.20

SAVE \$1

Multix Handy Ties Tidy Bags

45-50 Pack

or Garbage

25 Pack

Bags 56 Litre

**\$2**15

SAVE 85¢

**Multix Alfoil** 

10m×30cm

22¢ per metre



BY PURCHASING THESE PRODUCTS YOU WILL **HELP GIVE BACK TO YOUR LOCAL COMMUNITY** 

#### HOUSEHOLD Essentials







the directions for use





#### Baby Love Nappy Pants

BabyLove Nappy Pants' unique contoured absorbent pad snugly wraps around baby's body to prevent leaks and sagging, now feature Bluey designs to make change time fun. A sag-free nappy for little ones on the move!



















## Health & Beauty





\$4 SAVE \$4

> Colgate Total Mint Waxed Dental Floss 100m or MaxFresh Watermelon Mint Mouthwash 500mL



\$350 ea

> Colgate Plax Mouthwash 500mL Selected Varieties 70¢ per 100mL

Colgate MaxFresh or Advanced Whitening Toothpaste 120-200g or Bamboo Charcoal Toothbrush 2 Pack Selected Varieties









Colgate Total Plaque Release Toothpaste 95g Selected Varieties

\$5.26 per 100g



1/2
PRICE



\$4 save \$4

Colgate 360° Toothbrush 2 Pack Selected Varieties \$2 each Colgate Plaque Mouthwash 500mL Selected Varieties \$1 per 100mL SAVE \$5



**SAVE \$7.75** 

Aveeno Fragrance Free or Stress Relief Moisturising Lotion 354mL

^excludes Low Prices Every Day \$2.19 per 100mL



Pantene Pro-V Shampoo or Conditioner 900mL Selected Varieties

^excludes Travel Size \$1.11 per 100mL



\$10 ea



Pantene Pro V Blends Shampoo or Conditioner 530mL Selected Varieties ^excludes Travel Size \$1.70 per 100mL



\$0 OFFPANTENE'
\$0
SAVE \$9

32

#### - HEALTH & Beauty -

BY PURCHASING THESE PRODUCTS YOU WILL HELP GIVE BACK TO YOUR LOCAL COMMUNITY





^excludes Suncare, Travel Size & Low Prices Every Day

> Nivea Anti-perspirant Deodorant 250mL Selected Varieties \$2.66 per 100mL

\$65 SAVE \$2.85 Nivea Men \$490

\$490 SAVE \$2.10 HIVEA REA MARIENTERIOR

Nivea Body Lotion 400mL Selected Varieties \$1.66 per 100mL

SAVE \$2.85



OC Naturals
Shampoo or
Conditioner 400mL
Selected Varieties
73¢ per 100mL

Sensitive Shaving Foam 200mL

\$2.45 per 100mL





NUROFEN O

Strepsils

Morey & Lemon Planner

Johnson of the Control

Berocca

Voltaren Emulgel No Mess Applicator 75g \$23.80 per 100g \$1785 SAVE \$3.65

Nurofen Ibuprofen 200mg Caplets 24 Pack\*\*

\$6 SAVE \$1

Strepsils Sore Throat Relief Lozenges 36 Pack\* 29¢ each

\$1050 SAVE \$2 Effervescent
Tablets
30 Pack
Selected
Varieties\*
\$52.17 per
100 units

SAVE \$3.35



Betadine Antiseptic Topical Solution 15mL\* \$74.67 per 100mL





Clearwipe Lens Cleaner Wipes 20 Pack Selected Varieties\* 16¢ each





Metamucil Orange Smooth Powder 283g or Granules 528g\*



**SAVE \$3.30** 



Salvital Effervescent Powder 375g\* \$1.87 per 100g





#### — GREAT <u>Specials</u> —









#### — HEALTH & Beauty

#### BY PURCHASING THESE PRODUCTS YOU WILL HELP GIVE BACK TO YOUR LOCAL COMMUNITY





OGX Shampoo or Conditioner 385mL Selected Varieties

^excludes Travel Size \$2.99 per 100mL



50% OFF LYNX^ SAVE \$3.25

LYNX

Lynx Bodywash 400mL Selected Varieties

^excludes Travel Size & Low Prices Every Day 81¢ per 100mL

50% OFF LYNX^ **SAVE \$2.25** 

Lynx Antiperspirant Roll-On 50mL Selected Varieties

\$4.50 per 100mL

^excludes Travel Size & Low Prices Every Day

Redwin Sorbolene Daily Moisturiser 1.1 Litre 50¢ per 100mL





50% OFF

Sunsilk Shampoo or Conditioner 350mL Selected Varieties

^excludes Travel Size 93¢ per 100mL



**SAVE \$2.50** 

**Original Source** Shower Gel 250mL Selected Varieties \$1 per 100mL

Nature's Wa

Nature's Way Odourless Fish Oil 1000mg Capsules 200 Pack\*

50% OFF NATURE'S

^excludes Low Prices Every Day \$5.75 per 100 units



Olay Lotion 150mL Selected Varieties

SAVE \$8

^excludes Travel Size & \$5.33 per 100mL



**Palmolive Luminous** Oils Hand Wash 500mL Selected Varieties 80¢ per 100mL

Gillette Shaving Foam 250g Selected Varieties \$1.82 per 100g





GILLETTE MEN'S^

^excludes Refill Blades, Handles & Low Prices Every Day



Gillette Blue II Plus Disposable Razors 5 Pack 98¢ each

**SAVE \$2.10** 

**BIC Soleil** Twilight Women's Disposable Razors 4 Pack \$1.08 each

BIC WOMEN'S

RANGES

Veet Hair Removal **Cream for Sensitive** Skin 400mL

^excludes Low Prices Every Day \$3.66 per 100mL





Bosistos Moisturising Hand Wash Refill 1 Litre Selected Varieties 76¢ per 100mL

SAVE \$7.45



#### 2 Week Winter Catalogue Out Now!





Woodstock & Cola 4.8% or Vodka Cruiser Mixed 4.6% Varieties

10 PACK

**Hard Rated** 4.5% Varieties



Bundaberg Campfire Rum & Cola 6%\*



CORDON COUGAR

Black Douglas Scotch, Gordon's London Dry Gin, Cougar Bourbon or Smirnoff Vodka Red Label 700mL



Johnnie Walker Black Label Scotch 700mL

Journeyman Shiraz, Brown Brothers Prosecco, 19 Crimes Snoop Cali or Squealing Pig 750mL Varieties

**OURNEYMA** 

Penfolds Max's 750mL Varieties









Offers available from 03/07/24 until 16/07/24. Specials available in Victoria IGA Liquor outlets only. IGA supports the responsible service of alcohol in accordance with the Liquor Control Reform Act 1998 (VIC), It is against the law to sell, supply or obtain to supply to a person under the age of 18 years old. We reserve the right to correct printing errors. Pricing available in-store only. \*\*Try Me For" offer strictly limited to one per transaction. \*\*Purchase a specially marked case of VB to win a \$10, \$25, or \$50 Mitre 10 Digital voucher! Every Case Wins! See instore for details.

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